

Melbourne, 23 April 18

## STORY OF A WRITER/ILLUSTRATOR

WORKING AS AN ILLUSTRATOR AND WRITER NO DAY IS THE SAME. NONETHELESS, I TRY TO MAINTAIN A CERTAIN ROUTINE TO KEEP A BALANCE BETWEEN PRODUCTIVITY AND RECREATION—AVOIDING PROCRASTINATION.

My alarm goes off at 6 in the morning. I begin my day with a daily Hatha Yoga Routine to maintain a healthy posture and strong back. I keep breakfast light and nutritious and enjoy a cup of spiced chai before and after lunch. The ritual of making chai or preparing healthy meals relaxes my mind.

After breakfast, I attend to emails then move on to the creative parts of my day like storyboarding, writing, illustrating. For these tasks I switch off the rational part of my brain and let ideas and inspirations flow without judging.

After lunch and in the afternoons, I like to edit and proofread my work. Sometimes, it's also some freelance editing for other people's writing.

Nowadays, as an artist, social media is a must to promote my work and also a valuable resource for inspiration and learning. But I must make sure I stay disciplined and keep social media activities to the absolute necessity.

At the end of a day, if I have the time, I like to randomly sketch or work on character development.

Working from home can get lonely and I find myself often dreaming of a pet cat, rat, or dog. But because I also love travelling to places, I'm learning it with dreaming of a pet buddy.

I love what I do. I have the freedom to arrange my days to my personal preferences. To me, this is luxury.

I can count my blessings every single day.